

**Mission:**

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



**Rick Scott**  
Governor

**John H. Armstrong, MD, FACS**  
State Surgeon General & Secretary

**Vision:** To be the Healthiest State in the Nation

**RECEIVED**

**MAY 02 2017**

**COUNTY ADMINISTRATOR'S  
OFFICE**

May 2, 2017

Robert Presnell  
Gadsden County Administrator  
9 E. Jefferson St.  
Quincy, Florida 32351

Re: Florida Department of Health-Gadsden Quarterly Progress Report for ½ Cent Sale Tax Prevention and Education Program.

Dear Mr. Presnell:

Please find enclosed the Florida Department of Health-Gadsden Prevention and Education Program 3<sup>rd</sup> quarter report (January 1, 2017-March 31, 2017) for the 2016-2017 fiscal year. If you have any questions, please do not hesitate to contact Cannella Jefferies at (850)-875-7200 ext. 341.

Sincerely,

Cannella Jefferies  
FDOH-Gadsden Populations Based Service Dir.

Cc: Howard McKinnon Gadsden County Health Council, Inc.  
Nicolas Thomas Clerk of Courts

**Florida Department of Health-Gadsden Population Based Services:**

**Prevention & Education Program**

**Quarterly Report – January 1, 2017-March 31, 2017**

**Report due by April 15, 2017**

**Program Accomplishments:**

**Community Health Education:**

The Prevention and Education Program (PEP) is continuing to increase visibility throughout Gadsden County to ensure the success of the PEP staff. We provide the following resources to the community and individuals; educational pamphlets, up to date fact sheets, informative flyers, and posters. With the diverse population in Gadsden County, the resources are given out in both English and Spanish. In an effort to increase the residents we reach, next quarter we will be providing screenings in each municipality at various locations.

Services for this quarter included health fairs, presentations, and preventative screenings. Preventative screenings were performed at the Florida Department of Health Gadsden, Jesse Furlow Medical Center, Triple Oaks Apartments, Ochlocknee Pointe, Arbor Crest, Golden Leaf, Gadsden County Jail, Gadsden County Public Libraries, St. John COGIC and Riverchase Care Health and Rehabilitation Center.

This quarter, PEP Staff conducted four community education classes. The classes included: Breast Cancer, Immunizations, High Blood Pressure, STD's, HIV 500/501, and Heart Disease.

Internally, the PEP staff has continued with the employee wellness program at the Florida Department of Health Gadsden County. The employees are continuing to participate in thirty minute lunch time walks daily. We are also in the beginning stages of the CDC Worksite Health Scorecard which will help assess our CHD and where we need to improve. We hope to reach out to other companies within the county to implement employee wellness programs within their organizations and encourage them to fill out the CDC Worksite Health Scorecard as well.

**Health Education Classes:**

Chronic diseases are responsible for 7 of 10 deaths each year, and treating people with chronic diseases accounts for 86% of our nation's health care costs. Through health education awareness and promoting prevention we can prevent or delay the onset of chronic diseases such as the leading causes of death in Gadsden County which include: cardiovascular disease, cancer, hypertension, and diabetes. These lifestyle changes include proper nutrition including all food groups, exercising a minimum of thirty minutes per day, and scheduling regular wellness check-ups that include blood pressure, cholesterol, and glucose screenings.

The Prevention and Education staff has been providing health education classes, presentations and workshops since conception in January 2011. Classes are offered to the community both individually and in groups. The goal is to educate and empower the community to prevent chronic illnesses. Special emphasis is placed on achieving and maintaining a healthy weight through the Healthiest Weight Initiative. Healthy weight is the first step to prevention and best way to combat acceleration of chronic illnesses for those already impacted.



Below are the total numbers of classes offered, outreach efforts, and actual screening services provided during the 3<sup>rd</sup> quarter.

### 3<sup>rd</sup> Quarter Community Education & Outreach

	January 2017	February 2017	March 2017	Quarter Totals
<b>Classes Completed</b>	2	1	1	4
<b>Outreach Activities</b>	4	10	8	22
<b>Health Education Material Disseminated</b>	105	545	357	1007
<b>Community Referrals/Linkage</b>	12	34	28	74
<b>County Residents Served</b>	389	648	454	1491

Figure 1.0

### Strategic Planning with Partners Initiative Updates:

The Ten Essential Public Health Service # 3 (Inform, Educate and Empower) continues to be driving force for the Prevention and Education Program. The PEP staff instills in community stakeholders the Center for Disease Control's national model to generate a new perspective about prevention and control, utilizing the Local Public Health System Essential Services.

Major activities for the quarter included:

- Get Going Gadsden  
The Population Based Services staff kicked off the Get Going Gadsden weight lost challenge. This challenge will help residents improves their overall health. We will provide information on Healthiest Weight Florida, blood pressure, diabetes, portion control, and cholesterol.
- National Black HIV/AIDS Awareness Day  
In collaboration with Neighborhood Medical Center, the PEP staff set up a testing event in the Winn Dixie parking lot. 14 rapid HIV testing, and 34 Blood pressure and glucose screenings were administered.
- Gadsden County Women's Prison Re-entry Fair  
The Population Based Services staff participated in Re-entry Fair. This event is held for the transitioning inmates. Provides an opportunity to the inmates that are being released from prison in the next 3 months. Our participation included an educational information table. We reached over 175 inmates.
- Florida State Hospital Annual Health Fair  
The Population Based Services staff participated in the Florida State Hospital Annual Health Fair. We provided information on chronic diseases such as High Blood Pressure, Diabetes, Stroke, HIV/AIDS, and STD's, and distributed over 200 safe sex kits.
- Phlebotomist Training  
The PBS staff attended North Florida Medical Institute in Jacksonville, FL to become certified licensed Phlebotomist.
- Breast Cancer Walk

The PEP staff participated in the 4<sup>th</sup> Annual Morris A. Young Breast Cancer Awareness Walk, hosted by the Gadsden County Sheriff department. This effort is a county wide walk to increase the awareness of Breast Cancer. The walk began in Midway, FL and ended in Chattahoochee, FL.

- National Women's and Girl's HIV/AIDS Awareness Day  
In collaboration with Neighborhood Medical Center Held a testing event at Ohlockonee Pointe Apartments. We administered 12 rapid HIV tests, blood pressure and glucose checks.
- The Heart Health Plus Initiative(100 Congregations for Million Hearts)  
We have partner with two African Methodist Episcopal churches- Arnett Chapel and St. James. We distribute health literature and offer monthly screening which includes blood pressure, blood sugar and weight measurements to the congregation. The goal is to have each minister share health messages with their congregation.

#### **Outreach Activities/Community Partnership:**

Population Based Services (PBS) of the Florida Department of Health-Gadsden partnered with several community based organizations within Gadsden County for numerous events this quarter. For this quarter PBS partnered with Jesse Furlow, Big Bend Cares, Triple Oaks, Quincy Senior Center, and Riverchase Health and Rehabilitation Center, Gadsden County Libraries, and the Gadsden Community Health Council. Through these community outreach services, we were able to provide Gadsden County residents with health education services and preventative screenings.

Some community partnerships activities to highlight for this quarter (January-April 2017) are:

- Gadsden Community Health Council, Inc.  
The PEP staff continues to actively participate in the efforts of the GCHC. PEP staff attends monthly meetings and partners with the organization on education & outreach activities. The Gadsden Community Health Council also supported the Get Going Gadsden Award Ceremony.
- Gadsden Community Health Council, Inc: PAMS Program  
The PEP staff continues to partner with the PAMS Program, (prescription assistance). The PEP staff meets with the PAMS staff monthly to discuss the upcoming events of PEP. PAMS is continuing to schedule community outreach events to promote their program and distribute educational material.

Other partnerships have been established by the PEP staff to provide monthly services. The PEP staff visit various county locations and provide educational materials, calculate BMI and conduct preventative screenings such as blood pressure and blood sugar. With the new addition of our Community Health Nurse we have been able to reach additional locations. Those locations include:

Chattahoochee	Flint Gardens Apartments, River Junction Apartments, Florida State Hospital, Chattahoochee Library
Gretna	Vanguard Village
Havana	Dogwood Manor, Havana Heights Apartments, Riverside



	Apartments, Havana Library
Midway	Ochlocknee Point Apartments
Quincy	Arbor Crest, Gadsden Arms Apartments, Golden Leaf Apartments, Parkview Gardens Apartments, Quincy Full-Time Fitness, Shiloh Baptist Church, Triple Oaks Apartments, Quincy Library

### **Healthiest Weight Florida.**

Healthiest Weight Florida is a public-private collaboration bringing together state agencies, not for profit organizations, businesses, and entire communities to help Florida's children and adults make choices about healthy eating and active living.

The Healthiest Weight Initiative has modified their strategies to focus on healthy equity which includes six healthy places: birthing facilities, early childhood education centers, schools, worksites, communities and healthcare settings. The PEP staff will be working on four of the six areas throughout the 2016-2017 fiscal year. We will focus on schools, worksites, communities, and healthcare settings.

The PBS staff is also promoting Small Steps to Healthy Living. Finding success in healthy weight isn't always easy, but it helps to take small steps. Small Steps to Living Healthy is an email-based program that allows Floridians to sign up for weekly tips and tricks delivered directly to their inbox.

### **Fiscal Management**

It is our goal to utilize the financial resources sacrificed by the citizens of Gadsden County wisely. It is understood that the citizens have an expectation that their ½ cents will be used to provide access to quality healthcare to those in need, increase educational opportunities, and make financial decisions in an open and transparent way.

Through partnership with the We Care Network, they have continued to provide specialty medical services to low-income and/or uninsured adults in Gadsden and surrounding counties. There are over 300 volunteer physicians as well as 40 dentists participating in the program. In addition, numerous providers of imaging services and durable equipment are committed to the program.

Patients are referred to the program by their primary care physician at Gadsden Medical Center, The Florida Department of Health Gadsden County, Jessie Furlow, Neighborhood Medical Center, Eye Associates of Tallahassee, Leon County Health Department, and TMH Family Medicine of Quincy. When referrals are received, a medical social worker screens the patient for financial eligibility. Pending qualification, he/she will be provided donated care from one of the participating physicians/dentists.

During the reporting period of January-March, 2017, there were a total of 145 current cases. Of that, 28 new patients were determined eligible and provided with specialty medical care, and 76 new patients were provided short-term case management. In this quarter, \$135,598.17 services were donated from physicians & dentists, and \$486,184.73 was donated from hospitals/ambulatory surgery centers. Overall, the total value of donated services for the reporting period is \$646,579.70. The reporting year to date for this first reporting period is \$1,732,720.82.

<b>Input/Issues Requiring Director Action:</b>	
None Reported	
<b>In-Kind Donations Received:</b>	
None Reported	
<b>For Information Purposes Only:</b>	
None Reported	
<b>Report submitted by:</b> <i>Cannella M. Jefferies</i>	<b>Date:</b> <i>4-12-17</i>
Cannella Jefferies, RN Population Based Services Supervisor	April 12, 2017

